

*Be good to me...
Stay alcohol free!*



Alcohol exposure during pregnancy is the leading cause of mental retardation, and can cause learning disabilities, memory deficits, hyperactivity, birth defects, and death. If you are pregnant, or think you might be, it is best to stay alcohol free, for you and for your baby.

For information on the effects of prenatal exposure to alcohol, call:

FAS AWARENESS DAY: SEPTEMBER 9, 2000

<http://www.FASWORLD.com>

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